

## Body Massages

Relaxing Massage 30 min.

Global Relaxing Massage. Soft Manual Massage that relax muscles and lowers stress  
60 min.

Massage with "Pinda". Massage done with little bag of natural tissue filled with aromatic herbs, medicinal plants, rice and essential oils. These elements are steamed and are introduced into the little bags, that it's used as a tool to do the massage, doing pressure on different places. There are three different massages to choose:

- \* Green tea and mint "Pindas". -Natural decontractants and blood circulation activators-
  - \* Coffee and cinnamon "Pindas". -Anti-cellulite and natural antioxidants-
  - \* Lavender and lemon "Pindas" -Soothing and natural anti-inflammatory-
- 60 min.

Integral lymphatic drainage (body and facial): Lymphatic massages Help stimulate the lymphatic system, which is responsible for the elimination of body toxins and excess fluids.  
90 min.

Therapeutic massage. Mobilizes muscle contractures and Detoxifies the body, besides relieving pain. 70 min.

Candles Massage. It promotes peripheral microcirculation and counteracts the fluid retention. It helps to hydrate and deeply nourish the skin in a lasting way and reduce emotional tensions. 60 min.

Neurosedative Massage. This deep and integral massage favours the Release of muscle tension caused by stress, improving the Release of blocked energy and decreasing the pain and stiffness of the body muscles. 60 min.

Craniofacial Massage. It eliminates tension and stress, which often lead to migraines and headaches. 40 min.

Gems Massage. It allows to combine the therapeutic massage with the natural therapeutic use of hot or cold stones. 60 min.



## Rituals

**SPICE RITUAL:** This treatment includes natural peeling with horsehair glove to clean the skin and open the pores + Nutritious and regenerating wrapping + active black currant seed massage which provides vitamin C and B to the skin for a rejuvenating and vitalizing effect. 90 min.

**SENSUAL AMBER RITUAL:** This treatment includes peeling with almond and orange peel + argan wrap and white clay + relaxing body massage with Shea butter. 90 min.

**DELIGHT RITUAL:** This treatment includes a body cleansing with cream gel + exfoliating with silk proteins + nutritious wrapping with pure Shea + body massage + face mask. 90 min

**D'ARJEELING RITUAL:** This treatment includes a cream bath-gel green tea & ginger + exfoliation with salts + pure Shea wrap + beauty oil and nourishing milk + body massage. 90 min

**DEAD SEA MUD RITUAL:** This treatment includes, exfoliation with Dead Sea salts + Dead Sea salt wrapping+body massage. 90 min.

**TIRED LEGS RITUAL:** This treatment includes drainage and depurative infusion + peeling with salts from the Dead Sea + algae wrapping + lymphatic drainage massage in legs and abdomen. 90 min.

Male treatment that includes, Green tea corporal peeling + wrapping + back therapeutic massage + face mask + green tea infusion. 90 min.

\* Since some of these rituals are only performed according to their properties, please ask our specialized staff for advice. Thank you.

## Foot Treatments

Express Pedicure: cut + file + enamel

Basic Pedicure: review cuticles + cut + file + enamel

SPA pedicure: Natural foot peeling + review cuticles and roughness + deep hydration massage + sculpt + enamel

French Pedicure: Nails finish "French Style"

## Hands Treatments

Express Manicure: cut + file + enamel

Basic Manicure: review cuticles + cut + file + hydration masaje + enamel

SPA manicure: Natural hand peeling + review cuticles and roughness + deep hydration massage + sculpt + enamel

French Manicure: nail finish "French Style"

## Facial Treatments

Skin Cleansing 60 min.

Deep Hydration Treatment 60 min.

Facial Drainage Massage 35 min.

Facial Massage to Jade Stones 40 min.

Special treatment facial beauty flash (cleansing peeling moisturizing) 30 min.



## ❖ Outdoor Massages

Relaxing outdoor body massage on stretcher. Cold tea service. 45 min.

Outdoor Craniofacial Massage. 30 min.

## ❖ In Couple Massages

Massage "Intense Relaxation" in Couple: Deep relaxation treatment with relaxing essential oils massage. Anti-stress Cure.  
60 min.

Neurosedative coupled massage: The effect reverts directly to two of the most important organism systems: the nervous system and the muscular system.  
60 min.

## ❖ In Couple Ritual

For her: Facial drainage and facial massage to the jade spheres, body massage total relaxation with "candle massage".  
For him: Craniofacial massage + massage decontracturant with essential oils.  
90 min.

## ❖ Vichy Room Treatments

Body Treatment done with Dead Sea mud. 60 min.

Body Treatment with Natural Peeling (Sugar and Honey). 60 min.

Body Treatment with Fruit Peeling (fruits and salts extracts). 60 min.

All our Vichy treatments are done with natural products.  
We recommend hydration and rest after treatment.

❖ Services on request  
-minimum 24 hours in advance-



## ✦ Thai Massage

Thai Massage -Nuad Phaen Boran as he is known in Thailand, is an ancient and sacred body job, has always been linked to the Buddhism, therefore it is one of the oldest forms of massage which are known. It is the art of "healing with two hands and a heart". According to the legend, it dates back more than 2,500 years, when the Prince Siddhartha (Buddha) at the age of 29 decided to leave the Palace where he lived and go in search of spirituality. King Suddhodan, father of Buddha, asked his personal physician, Khru (master) Shivako, accompany his child. After traveling throughout Southeast Asia, they reached Thailand. Khru Shivako had knowledge of ayurvedic massage, Yoga and medicinal plants. He then merged it with the massage technique Thai.

Massage based on pressure, stretching and articular manipulation, where we work muscle groups that normally we do not work in such depth.

60 min.

120 min.

Lue Sri Dadton - Self-stretching of the ascetic or Thai hermit, also known like Thai yoga, was formerly practiced only within the Buddhist temples. It consists of a sequence of movements in the which works the breath, coordination, strength and balance. There are 80 postures, but in one session, they are practiced around 20 positions always according to the pace of each client.

45 min.

✦ Services on request

-minimum 24 hours in advance-



## ✦ Ayurvédic Rituals

Lord Shiva Ritual: Antistress treatment with Ayurvedic medicine techniques.  
90 min.

Godess Pravati Ritual: Anti-cellulite treatment with Ayurvedic products.  
90 min.

Lord Surya Ritual: Ayurvedic facial anti-stress male treatment.  
90 min.

Kumari Face Ritual: Antioxidant Facial Treatment.  
90 min.

Kapha Ritual: Specific treatment for people with dominant "Dosha" type Kapha.  
90 min.

Pitta Ritual: Specific treatment for people with dominant "Dosha" type Pitta.  
90 min.

Vata Ritual: Specific treatment for people with dominant "Dosha" type Vata.  
90 min.


Abhyanga: Ayurvedic massage with herbal oils. Used to balance the energy in the body, unlock the channels and cleanse the chakras and blood. In this massage technique long movements are used and energy sources.  
90 min.

Marma: Ayurvedic massage of acupressure. Through the techniques of kneading, digitopuncture and friction are worked on the circulatory, lymphatic, emotional, subtle or energetic and muscular systems helping to eliminate both mental and physical fatigue.  
90 min.

Mudra / Padda-Abhyanga: Ayurvedic massage with herbal oils that is done in feet and hands.  
45 min.

✦ Services on request  
-minimum 24 hours in advance-





✦ Room Rituals

Special Candle Massage Ritual: Full body massage with warm candle wax and aromatherapy + oxygenating salts special bath to achieve a smooth, luminous and stress-free skin.  
90 min.

Custom Reiki Session 45 min.

Custom Yoga Session 55 min.

Aqua Gym Custom Session 45 min.

✦ Aesthetics (Hairdressing-Makeup)

Wash and Dry

Wash, Cut and Dry

Make Up

Bride Make up

Bride Hairdressing

Women's Hair Removal

Eye Brow Sculpt

Top Lip Waxing

Armpits

Groin

Legs, Inferior

Legs Complete

Men Hair Removal

Eye Brow Sculpt

Men's Back Hair Removal

Chest Hair Removal

Legs Hair Removal

✦ Services on request  
-minimum 24 hours in advance-

